



myteeth

Helping you
keep your
teeth and
gums healthy
for life

We firmly believe that where oral health is concerned, prevention is definitely better than cure. That's why we've developed the website www.denplan.co.uk/myteeth with good oral health in mind. It's ideal for employees that want to discover more on caring for their teeth outside of the dentist.

Brush up on the key facts

myteeth is packed full of interesting dental related facts and figures. You can also learn about the effects different food and drinks can have on your teeth.

Care for all the family

We have a dedicated section for parents to learn about maintaining their children's teeth from birth to teenage years. There's also a kids' section, which includes fun and informative resources.



For more information, visit
www.denplan.co.uk/myteeth



Did you
know?

One can of
cola contains
8 teaspoons
of sugar

That's the world of Denplan for you.



Denplan

At the heart of dental care

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